

JOINT EVENT

World Congress on **Psychiatry & Psychological Syndromes**

&
29th International Conference on

Adolescent Medicine and Child Psychology

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Tony Tran

American Psychological, Psychotherapy and Psychiatrist Associations, USA

Steps to explore the proper formations which deals with ethnic/immigrant mental health issue

As the expert in the Ethnic and Cultural Diversity and in dealing with the psychological problem and/or treatment. I have come up with a formation to provide the treatment better bases on the ethnicity uniqueness and cultural background. In the discovery process we must: 1/ Discover the problem from the cultural angle (The Vietnamese do not believe in the mental health problem) 2/ Find out the cause (The oriental people believe that mental health is the curse, and a shame in the family) 3/ Long term understanding (The devil element). In the treatment process I have develop 10 steps formation: 1/ Establish the Trust 2/ Create the communication channel 3/ Suggest the approach 4/ Agreement contract 5/ Treatment plan 6/Actual treatment 7/ Follow up service 8/ Adjustment and evaluation 9/ Assessment and 10/ Contituing treatment. All of the above will be the subject for exploring further and become the issues for group discussion.

Biography

Tony Tran is the Associate Member of American Psychological, Psychotherapy and Psychiatrist (ONLINE) Associations. He is the International expert in the Ethnic/Cultural Diversity Consultant/Consulting and Moderator. He founded the International Ethnic/Immigrant Mental Health Project and serves as the consultant in the areas of Ethnic/Immigrant/Immigration for medical clinics and hospitals, school districts and higher education and different law firms and Law enforcement agencies.. His TransTronics Company provides the Electronic Medical Record platform and Tony Tran Associates has been known of being the champion for cultural diversity.

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