

28th World Congress on

PSYCHIATRY, PSYCHOLOGICAL SYNDROMES & THERAPEUTICS

May 21-22, 2018 | New York, USA

Variables affecting post-inpatient psychiatric admission outcomes

Mathew Nguyen

Meridian Behavioral Healthcare, USA

Compliance with appointments and treatment has been a long-standing issue in medicine, and it is especially important for patients immediately discharged from inpatient psychiatric hospital stays. Rates of post-inpatient follow-ups vary from 30%-80% depending on the study, and missing the first post-inpatient follow-up appointment can raise likely re-admission rates from 10% to 25%. We examine multiple variables which may affect whether psychiatric patients comply with their post-inpatient appointments and analyze whether bridge appointments affect compliance. We also analyze whether certain variables (e.g insurance status, homeless, etc.) have any predictive value in post-inpatient follow-up compliance.

mathewnguyen@gmail.com

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