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## Hearing screening in the community - What is the future?

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**Objective:** The ageing population has led to increasing numbers (approximately 330,000) of older people residing in care homes across England; estimates suggest 75% of them could have a hearing loss. This study aims to illustrate the current prevalence of undiagnosed hearing loss in a typical elderly care home and evaluate the feasibility of opportunistic screening of hearing loss in the community.

**Method:** Subjects over the age of 65 years were recruited from three nursing homes. A validated subjective bed-side hearing screen (whisper test) was performed to identify individuals with hearing impairment. Subjects who failed or self-reported hearing difficulties were offered gold standard audiological assessment, pure tone audiometry.

**Results:** Hearing screening was performed on 56 patients, 20 (36%) of those self-reported hearing loss, 22 (39%) failed the screening whisper test. All (n=42) were referred for audiological assessment, of whom 5 declined and 11 were unable to engage in audiometric assessment. 62% had aidable hearing loss and were referred for hearing aids. This identified a screen:aid ratio of 2:1.

**Conclusion:** This pilot highlights a high incidence of undiagnosed hearing loss in elderly patient residents in a typical care home. The results suggest consideration should be given for a screening program to help address this unmet need as part of a portable toolkit utilizing our audiology team in the community. The team involved is currently developing this patented toolkit.

## **Biography**

Krishan Ramdoo is working as an Ear, Nose and Throat Research Registrar in North West London Hospital Trust. Having completed his core surgical training in London, he has pursued his interest in research and is currently undertaking an MD at UCL alongside his clinical duties. His particular area of interest is screening for hearing loss and detection at an early stage and well as product development to enable this. He has written a number of research papers on the topic and presented both nationally and internationally.

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