

18th World Congress on Clinical Nursing & Practice

September 21-22, 2018 | Prague, Czech Republic

Nursing initiatives related to pain management in perioperative care

Senay Karadag Arli

Agri Ibrahim Cecen University, Turkey

Objectives: This study was performed to evaluate nursing interventions for pain management in the perioperative care.

Methods: The study was conducted between October 2016 and May 2017 with the participation of 160 patients in General Surgery, ENT, Urology and Orthopedic clinics. The data were collected with a form that included the socio-demographic characteristics of the patients and nursing interventions related to pain management in perioperative care prepared by the researcher.

Results: The average age of the patients participating in the study is 40.58 ± 20.4 years. It was determined that 80.6% of the patients experienced pain after surgical intervention, 34.4% had moderate to severe pain after surgery and 97.5% had pain at the operation site after surgical intervention. In addition, 59.4% of the nurses did not use a scale to assess pain severity, 71.3% did not examine it by touching the painful area, 65.6% did not use hot or cold to reduce pain, 86.9% did not massage to reduce the pain of the arm, leg, walking and so on. 88.8% did not play music to reduce pain and 69.4% did not use imagination to reduce pain.

Conclusion: As a result of evaluation of nursing interventions for pain management, effective participation of the patients in pain management, increase of pain education and satisfaction is ensured..

senay1981@yahoo.com

Notes: