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Can hospital osteomyelitis be treated without the use of antibiotics?**Huang Wei Ling**

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Statement of the problem: As we know osteomyelitis is a bone infection which can reach a bone by traveling through the bloodstream or spreading from nearby tissue. It can also begin in the bone itself if an injury exposes it to germs. Once considered an incurable condition, osteomyelitis can sometimes be successfully treated today by surgery to remove parts of the bone that have died and then with strong antibiotics. (Mayo) The purpose of this study was to show why the treatment of osteomyelitis is so difficult and in most cases incurable. However, to improve chances of cure, we need to look at the patient in his entirety, and associate other theories that can be found within other traditions, and not only focus on the infected area. The methodology used was the presentation of two case reports, of which the first showed an infection resulting from knee fracture surgery done after a motorcycle accident that had been treated by the use of a large spectrum of antibiotics without any improvement. The second case was another hospital osteomyelitis after a post-prosthesis infection in the knee which had been treated profusely with antibiotics with no improvement. Findings: Both cases were treated successfully taking out all the anti-inflammatory and antibiotic drugs, and then treated by changing diet, balancing the Yin, Yang, Qi, Blood energy and removing heat retention following the theories of Traditional Chinese Medicine. In these two cases, the condition that was maintaining the symptoms of infection was exactly the aggressive use of antibiotics. Conclusion: The treatment of osteomyelitis showed in this study, demonstrated to us that we need to see the patient and not only the disease, to treat adequately the symptoms presented by the patient, and both cases were successfully treated without the use of antibiotics.

Biography

Huang Wei Ling has completed her Graduation in Medicine in Brazil, specializing in infectious and parasitic diseases, General Practitioner, Parenteral and Enteral Medical Nutrition Therapist, Acupuncture and Pain Management Practitioner. Since 2007, she has been disseminating the knowledge of Oriental medicine, especially Traditional Chinese Medicine, in various places around the world, in the treatment of the various pathologies of the human body. She is the Owner of Medical Acupuncture and Pain Management Clinic.

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