

# Dentistry & Oral Care

April 18-20, 2016 Dubai, UAE

## Case report: A strategy for planning and management of comprehensive restorative case

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The aim of this report was to emphasize the value of performing patient's treatment plan into phases of treatment and encouraging colleagues to apply such phases in the clinical practice for the management of complex restorative cases. Traditional approach to treatment planning has certain merits. However, new treatment approach should improve oral health rather than react to presenting problems and therefore, dentist should aim to convert their irregular attendee to a regular attendee with treatment plan directed to enhance oral health, prevent diseases, improve esthetic and free the patient from pain and discomfort. In this report a complex restorative case of a 16 year old female patient was managed for comprehensive dental therapy in the form of treatment plan which was divided into phases by way of a "staircase" approach with one clinical step being dependent on the previous step. The whole treatment was completed in three months and the result was satisfactory and patient became highly motivated person with more self confidence.

### Biography

Duaa Abo Al Samh is an endodontic and restorative consultant at Prince Sultan Military Medical City (PSMMC) in Riyadh, Saudi Arabia. She completed her Master degree in Dental Science and her endodontic certificate in 1996 from Dental College, King Saud University, Riyadh; Kingdom of Saudi Arabia. She finished her restorative board in 2004 from Saudi Council for Health Specialty in Riyadh, Kingdom of Saudi Arabia. Currently, she is a member of the Continuous Quality Improvement and Patient Safety (CQI & PS) at PSMMC.

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