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Stress among dentists

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Dentists are faced every day with many stressors; as a result, they are subjected to many symptoms of stress that must be identified and managed in the early stages before serious physical and psychological consequences develop. This article reviews the literature concerning stress among dentists. Many stressors are identified and coping techniques are explained.

Biography

Arwa Hamed Alaujan (BDS) has graduated and earned Bachelor of Dental Surgery (BDS) degree in 1996. After she completed one year as intern, she was chosen to work as a researcher in KSU, where she did a research with two Prosthodontists titled: *Retention of cast posts cemented with zinc phosphate cement using different cementing techniques*. The article was published in *Journal of Prosthodontics* in Mar 2001. In 1999, she joined King Abdulaziz Medical City in Riyadh where she worked as a staff dentist. In 2002 she joined a two-year postgraduate program in Advanced Education in General Dentistry (AEGD). After completion of the program in 2004, she earned AEGD certificate and worked as an Assistant Consultant in advanced general dentistry section. In 2012, she was promoted to a consultant in advanced general dentistry. In 2004 she did a literature review with Dr. Abdullah Alzahem titled: *Stress among dentists*.

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