

## **Tooth wear a result of eating disorder, substance abuse or modern lifestyle-A minimally invasive treatment concept**

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### **Lecture Content**

- Classification of tooth wear/erosion
- Identify the aetiology of and risk factors associated with tooth wear/erosion
- Cover the prevalence and epidemiology of tooth wear/erosion
- Make correct diagnosis and explain the management.

The lecture will highlight a new concept involving minimally invasive dentistry.

With the use of bonded provisional restorations (without any tooth preparation), we can assess the changes of VDO, Function and Aesthetics. Once we are happy with these parameters we can safely move to state of the art minimally invasive indirect porcelain restoration.

### **Biography**

Mark Bowes spent 20 years in private practice in London focusing mainly on Aesthetic and Complex Restorative Dentistry. He was a member of the British Academy of Aesthetic Dentistry and has been a Fellow of the International Congress of Oral Implantologists from 1997. Since 2005, he has been in Private Practice in Cape Town where his practice is limited to Aesthetic Dentistry. In 2010 he founded the South African Academy of Aesthetic Dentistry for which he is now President. He is the Congress President for the World International Federation of Esthetic Dentistry (IFED) to be held in Cape Town 2015. He is the member and registered speaker for the ITI. He has lectured extensively in Southern Africa on all aspects of Aesthetic Dentistry and run Restorative courses with the respected Implant Aesthetic Academy in both Johannesburg and Cape Town.

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