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## Reorganization of the family for the chronic illness of a geriatric patient

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A n increased number of individuals with complex healthcare needs are being cared for at home by their families. This shift from long-term care facility, to home care, places an increased demand on family caregivers. A study that investigated patients in a family practice demonstrated that 21% of the patients had provided care for persons with chronic medical conditions. Understanding caregivers' experiences and coping reactions will assist healthcare workers, to develop strategies to reduce caregiver burden and promote better coping skills for challenges caregivers face. Caregivers exist all over the world, but their support needs may be different because of cultural habits and the healthcare system of the country in which they reside.

## **Biography**

Hülya Yikilkan is a Primary Care Doctor, teaching family medicine residents at Ankara Diskapi Training and Research Hospital in Turkey and a researcher at Antwerp University in Belgium. She worked on several projects in Antwerp University, one of which was a European Project 'TRANSFoRm' in order to develop a 'rapid learning healthcare system' driven by advanced computational infrastructure that can improve both patient safety and the conduct and volume of clinical research in Europe. She currently runs the Home Health Care service of about 1200 patients. She has local, national and international publications about home health care and family caregivers.

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