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## Fighting sexual violence against children in rural areas in Uganda

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**Statement of the Problem:** Sexual abuse against children in Uganda is gradually increasing problem. Most abusers are people that their victims trust which has contributed to many cases not being reported. However, in addition to health services provided, there is a great need to integrate psychological treatment and rehabilitation of victims.

**Methodology:** A narrative review was conducted given the wide range of relevant intervention.

**Results:** Tower of Hope Children's Sanctuary and Orphanage has registered several cases of children who were abused by either a relative, family friend, care taker and so on. The children either suffer physical injuries, emotional and psychological damage as well as health problem. With experience many child victims of sexual abuse are not taken for psychological treatment and this has created major social, emotional and psychological challenges.

**Conclusions:** Through collaboration and networking on various initiatives to further develop and enhance psychology, it is sad to note that most Ugandans don't understand the concept of psychology and thus they underutilise it. It is very important to access quality knowledge, skills and personnel to help intervene and save the future of Ugandan children using the field of psychology. Psychology is a vital tool of intervention in the treatment of sexually violated children towards a healthy growth.

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