4<sup>th</sup> International conference on

## **Midwifery and Womens Health**

October 15-16, 2018 | Athens, Greece

## Aesthetic gynecology: A mini-overview



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esthetic gynecology is a field with increasing patient interest and demand. Alt encompasses procedures designed to change aesthetic and/or functional aspects associated with congenital abnormalities or course-of-life women's genital changes. An increasing number of patients who are concerned about their genital appearance are searching for more information and well trained gynecologists, who are in position to offer genital cosmetic solutions. Nowadays, only few obstetricians and gynecologists have the required skills and experience to provide such services, as there are only few specific postdoc training programs. Cosmetic gynecology includes multiple surgical treatments, such as labiaplasty, vaginoplasty, clitoral hoodectomy, hymenoplasty, labia majora augmentation, G-spot amplification, etc. Non-surgical procedures have substantially increased in popularity and sounds as safe alternatives, but with questionable results. This presentation aims to increase knowledge regarding surgical and non-surgical techniques of cosmetic gynecology as it becomes more popular among women. Surrounding controversies regarding clear indications and lack of safety data, regarding long-term benefits and harms of these treatments will also be mentioned.

## Biography

Panagiotis Christopoulos has completed his MSc and PhD degrees from the University of Athens, as well as an International Fellowship on Pediatric and Adolescent Gynecology (IFEPAG) from FIGIJ. He is the Scientific Director of "Healthy Lady" Ob/Gyn and Women's Health Medical Center. He acts as the European Coordinator of Pediatric–Adolescent Gynecologists. He has published more than 50 papers in scientific journals and is an Editorial Board Member of several medical journals. He is a Member of several national and international medical societies and the winner of four prizes and awards.

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