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Sexual communication types in college women with romantic relationship

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Purpose of the study: In dating relationships, women who use token resistance (saying "no" when you mean 'yes') and compliance (saying "yes" when you mean 'no') are more than men who do. Such ambiguous communication is considered as a risk factor for physical and sexual violence and violence has an influence on not only physical also psycho-social health. Thus researchers have suggested that education programs for sexual health should include communication skills and prior to this it is needed to understand how college women communicate with dating partner. This study therefore investigated their communication and verified the sexual communication types of college women in romantic relationships and the characteristics of each type.

Design: To understand college women's sexual communication with dating partner, Q-methodology, a method for the analysis of subjective viewpoints with the strengths of both qualitative and quantitative methods was used.

Methods: The Q-population on the sexual communication of college women in romantic relationships was composed through the in-depth interviews with 9 college women being in romantic relationship and the related literature reviews, then 40 Q-samples were finally selected. 30 women in romantic relationships for more than 6 months were selected as the P-sample and they were Q-sorting on a 9-point scale according to the degree of subjective consent for each statement. Using the PC-QUANL Program the results were analyzed.

Results: As a result of analysis, 5 types of sexual communication in college women with romantic relationship were identified.

Conclusions: It is thought that the results of this study can be utilized as basic materials in providing in-depth understanding of the sexual communication in college women with romantic relationship and also build a foundation of individual intervention strategies for effective communication with romantic relationship in college women.

Biography

Songi Jeon has been interested in improving women's health and wellbeing. She has studied for college women's sexual and bone health. Since she has completed Nurse-Midwifery course in Korea, she is concerned to investigate and promote pregnant women or postpartum health.

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