

2<sup>nd</sup> Global Summit on

# Herbals & Natural Remedies

October 17-19, 2016 Kuala Lumpur, Malaysia

## To study the efficacy of *Krishnadi Choorna* in management of *Tamak Shwas* w s r to bronchial asthma

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In the current study 60 patients of *Tamak Shwas* have been selected and were randomly divided in two groups. The patients showing classical symptoms of *Tamak Shwas* such as *Shwaskruchhrata* (Dyspnoea), *Kasten Bhashya* (difficult in expectoration) *Ghur-Ghurak Shabda* (Wheezing or Rhonchi) during night, *Kasten Shleshma Moksha* (difficult in expectoration), *Kasa* (Cough), *Anidra* (Insomnia), etc., were included in this study. In this study we had given *Krishnadi Choorna* orally. It reduced the respiratory rate effectively and increased expansion of chest, breath holding time, and peak expiratory flow rate and sustained maximal inspiration which was highly significant statistically as compared to tablet deriphyllin. At the end of the study it was found that *Krishnadi Choorna* in Group A is more effective than in Group B.

### Biography

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