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Safe, effective and natural: Overcoming ADD/ADHD with homeopathy

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The rate at which ADD/ADHD is diagnosed and prescribed for is growing at an alarming rate each year. Between 2007 and 2011, physicians prescribed powerful psychiatric drugs at an increased rate of 28% despite the fact that studies show that the most commonly prescribed medications have little or no effect in the long term. Homeopathic remedies, which are prescribed based on the individual's mental, emotional and physical symptoms rather than the diagnosis, are proving to significantly reduce the symptoms that patients are experiencing. Results are often seen within days with long term results demonstrating noteworthy reduction of all symptoms utilizing remedies that are completely natural and safe. Employing research results and case studies, the success of homeopathic remedies in treating these disorders can be demonstrated to bring about change in existing treatment protocols and improving the health of young and old with this disorder.

Biography

Joanna Rogister is a Homeopath and a Registered Holistic Nutritionist with Life Stages Holistics. The combination of Homeopathy and Nutrition together allow her to help her patients attain balance within their lives while maintaining that success with nutrition introducing the connection between the mind and the body utilizing a variety of therapies brings achievement of long term health. She specializes in dealing with health issues associated with different life stages, in particular menopause, andropause, chronic degenerative diseases and ADD/ADHD.

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