A millennium-old Chinese wisdom book in the mirror of current knowledge from the natural sciences

Gabriel Felley
University of Applied Sciences Northwestern, Switzerland

The Yi Jing or "Book of Changes" is a unique philosophical system whose genesis dates back more than 3,500 years in ancient China. In Europe and the USA, it was only perceived at the turn of the century. The Yi Jing became known in Europe and the US in the early 20th century by the popular translation of Richard Wilhelm. The enthusiastic interest of C.G. Jung, founder of the analytical psychology and of the concept of collective unconscious, for this book helped it to a certain recognition in philosophical and psychological circles of science. To this day, the mystery of its origins and its structure remains largely unresolved. In this article the author shows the basic principles of this universal framework, which can be considered as the theoretical background of the Traditional Chinese Medicine. Astonishingly there are fascinating parallels between these principles and the most modern scientific phenomena and theories such as Quantum physics. Establishing such links may help to strength the legitimation of the therapeutic approach followed by the Traditional Chinese Medicine. Additionally two practical examples illustrate the pertinence of the Yi Jing methodology to handle, even philosophical or psychological, questions.

Biography
Dr. Gabriel Felley is Professor of Business Information Technology at the University of Applied Sciences Northwestern Switzerland. He studied Theoretical Physics at the Swiss Federal Institute of Technology Zurich. For decades he has been dealing with the Yi Jing (I Ching) to rehabilitate it as a sophisticated, holistic methodology to understand the logic underlying the processes of change in a generic way and to promote it as a tool supporting managerial decision-making processes. He has written numerous articles and lectured on Yi Jing's related topics in Switzerland as well as in Germany, China, Vietnam and the USA. He is actually planning a series of seminars to be held together with the Zhengzhou University. These seminars should sustain a convergence of the traditional Chinese understanding of the Yi Jing with the Western interpretation.

gabriel.felley@fhnw.ch / gabriel.felley@yintelligence.ch

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