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A case report of acne vulgaris: Treated by combination of acupuncture

Nure Kiron

Gonoshasthya Samaj Vittik Medical College Hospital, Bangladesh

Acne is a chronic inflammatory disease of the pilosebaceous unit resulting from androgen-induced increased sebum production, altered keratinisation, inflammation and bacterial colonization of hair follicles on the face, neck and back by *Propionibacterium acnes*. There is no ideal treatment for acne, although a suitable regimen for reducing lesions can be found for most patients. New research is needed into the therapeutic comparative effectiveness and safety of the many products available. In this case report it was evaluated, acupuncture therapy used in combination with pharmaceutical medication appeared to be more effective than pharmaceutical medication alone in increasing the number of cured patients with acne. However, further studies are needed to confirm this finding. Here a case report of acne treated with acupuncture from Bangladesh is reported and its effectiveness is highlighted.

nurekiron58@gmail.com

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