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## Study the wisdom of folk healers in 4 regions of Thailand using herbs *Bauhinia strychnifolia* Craib and clinical data

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Yanang Daeng (*Bauhinia strychnifolia* Craib) was used for a treatment of poisoning, elimination of pesticides, an effect of poisonous mushrooms, poisoning and breast milk stimulation in women after delivery and reduce fatigue. The study aimed to gather the knowledge and experience from the folk healers about the usage of Yanang Daeng. This study was conducted using in-depth interview and group discussions from folk healers in four sectors throughout Thailand. The results showed those 59 folk healers from 4 sectors which consisted of 67.80% male and 32.20% female. Furthermore, the age of the participants was studied and the results showed that they aged ranged among 61-80, 41-60, 20-40 and more than 81 years old which respectively accounted for 49.15%, 30.51%, 13.56% and 6.78%. For the treatment of patients who receive the toxins, some folk healers will grind the root with water or water from washing rice, then the patient will be immediately received a single dose portion of 2 tablespoons, but the others will boil the leave and stems and give the patient a single dose portion range from ½ to 1 glass. In emergency case, they will use 10 fresh leaves, then squeeze with water or water from washing rice and immediately give to patient as a potion. Moreover, the folk healers recommended to the villager that they should use leaves rather than using vine or root to prevent the extinction and also suggested them to plant for convenient use. Yanang Daeng is potent in solving the urgent poisoning problem in the community before receiving further treatment.

#### **Biography**

Kusuma Sriyakul has completed her PhD in Thai Traditional and Alternative Medicine in 2012 from Chulalongkorn University in Thailand. She is currently a Lecturer at Chulabhorn International College of Medicine, Thammasat University in Thailand. She has published several papers about herbal medicine in dysmenorrheal and Thai traditional formula.

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