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***Ureh Nan Ampek, a dichotomy of equilibrium: Ethnopharmacology of Minangkabau*****Tresno and Uci Meliana**

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In Indonesia, the traditional health system is still separated from modern medicine, but it coexist with modern treatment. As in Simanau Village, it is famous for *ureh nan ampek* treatment that has a balance dichotomy like humoral pathology, India (*ayurveda*) and China (*yin* and *yang*). The method are used by researcher is ethnoscience approach where researcher find indigenous knowledge of society and *dukun kampung* (shaman) about *ureh nan ampek* through technique of collecting data of interview and observation. The results of this research that we find four plants which the plants will be done phytochemical testing. The study explain that ethnomedicine *ureh nan ampek* have the same dichotomy of equilibrium based on Sikatimuno mythology, chicken surgery (*perkakeh ayan*), *tawa ureh nan ampek* (spell of plants) and phytochemical testing. The pain will appear when *ndak lamak badan* (unwell body), *banyak pangana* (a lot of thoughts), and *ndak lamak hati* (broken hearts). So Illness will appear cause four elements in the body are not balance that are *karabu* (lung), liver, *galang nan tujuh* (intestinum tenue), and *rueh-rueh jari* (colon and rectum). As for curing the illness with *ureh nan ampek* consisting of *sitawa* (*Enydra fluctuans* DC), *sidingin* (*Cheilocostus speciosus*), *cikarau* (*Bryophyllum pinnatum*), *cikumpai* (*Sacciolepis interrupta*) in which each plant has its own properties in curing diseases. *Sitawa* is any sick bidder, *sidingin* decrease heat/cool the sick, *cikarau/pararau* is destroyer of any sick and *cikumpai/panghampai* is throw away any sick. From the explanation of *dakun kampung* about *tawa ureh nan ampek*. Researchers can categorize Minangkabau ethnopharmacology that a total of 82 types of plants are categorized by researchers who have properties and benefits healing various diseases.

**Biography**

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