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The lost concepts of traditional Chinese medicine in practice today

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Traditional Chinese Medicine (TCM) is a well-known, yet often misleading system in the world today. It is a combination of Classical Chinese Medicine (CCM) and western conventional medicine having been created in the People's Republic of China due to complex historical, political and economic reasons. Efforts to merge these two distinct medical systems began around 1644 towards the end of the Ming Dynasty in China; the process was organized deliberately and systematically between 1949 and 1980. In creating TCM, many of the foundations and concepts of classical Chinese medicine were removed or changed and substituted with western anatomy and physiology. At the same time, a selection of CCM concepts and methods were westernized, standardized, adapted and ultimately adjoined into being a new system called TCM. This was then sold under the illusion of being 5000 years old. The merging of the two systems creating TCM has some critical flaws and severe therapeutic limitations due to loss, many of which become clear to TCM practitioners at some point in their work or study. The resulting flaws and therapeutic restrictions brought a rising TCM community effort to identify and fix these problems. This presentation will let beginners and advanced practitioners discover crucial missing links in Chinese medicine theory and may satisfactorily answer essential key questions for herbalists, acupuncturists and tuina practitioners. It will show the actuality and clear logic of the ancient wisdom within the foundations of Chinese medical concepts and how it can effectively enhance clinical diagnosis, treatment efficiency and results.

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