

Annual Meeting on

NATUROPATHIC PHYSICIANS & ACUPUNCTURISTS

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Pain is the sign that something is not in balance. Sometimes awareness what is going on can be enough. There are different approaches how to clear and transform beliefs that are holding us back. I would like to mention few that they are helping me to have better life.

DNA HEALER

Let's take a few minutes to consider our questions and doubts about this process. You can begin by consciously applying the tools in your own personal transformation for example: discover what physically within you is out of balance, what nutrition your body needs, and what you can do with the Creator to increase your own health and vitality. Some examples:

- Clearing your own headache (instead of reaching for harsh medications that can be counterproductive to your health or spending a day in bed with a horrible headache).
- Adjusting your own chemical levels that you respond to life in more balanced ways (just knowing when your serotonin is low, and realizing you can do something about it is very empowering).
- Pulling your own depression (everybody gets depressed sometimes!)
- Validating diagnoses you receive from doctors (doctors can be wonderful, and they do have a part in our healthcare, however, they aren't always right and besides, sometimes they don't have the entire picture, for they approach medicine, not so much in a preventative whole-person manner, but in a band-aid fix-the symptoms approach so the more information you have that you can validate for yourself, the better off you will be).
- Determining whether you have genes that will predispose you to life threatening diseases.
- Sending yourself unconditional love to help heal a physical condition, a heartache, or an emotional imbalance.
- The best approach is with self-love and non-judgment. Set your intent that you will hone your skills by working with them as you feel comfortable, beginning with the skills you feel most comfortable with first. For some people, it's the remote viewing and physical healing work. Some people simply take to this part more easily than the core belief work. They prefer to do physical healings, work with unconditional love, guardian angels, and the DNA activation process. Some people prefer to start off focusing on the body, some on the mind. Neither is better than the other, and each will eventually lead you to the same place. Your eventual goal is to focus on the Whole person.

Biography

Viviana Siddhi Vid is the Founder of Little Prince, the first vegetarian kindergarten in Slovenia and authored several articles for spiritual magazines. She is also the Founder and Director of the NGO Mandala Transformation Foundation, public charity that aims to improve lives on a deeper level by transmission of sacred wisdom, performing artistry and other traditional cross-cultural exchanges.

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