Holistic Health, Water Therapy - Aqua Calidum Therapy (ACT)

Aqua Calidum Therapy-ACT (known as Hot water therapy), is new Holistic Health approach as a toxic free, harmless sacred, distilled and boiled universal solvent (water), as discovered by the Author and his extensive personal researches he conducted for the past nine years. Aqua Calidum Therapy comes with various modalities, such as Therapeutic Methods of Drinking Hot Water, the most efficient and essential, Hydrothermal Compress Therapy, Hydrothermal Steam Therapy, etc. Hot Water Therapy kills harmful bacteria, neutralize toxins and melt the fat deposits inside our bodies. It is the source of Fetal Development, due to the fact it is the only source of essential elements the human body needs to maintain healthy cells, and overall health in all aspects; physically, Emotionally, Mentally and Spiritually. No human being could ever complete his fetal growth before birth, without the presence of this miracle natural liquid with its temperature above the body's normal temperature of the expectant mother. No human being ever interferes to make this crystal look “Aqua Thermal”, it all occurs naturally and there a new miracle creature takes place from just a single cell, reaching between 2.9 to 38 trillion cells at the time of birth. These cells keep growing with age, up to 100 trillion cells in an adult human body: Every single cell frequently maintains an equilibrium of a biologic fuel that it depends on, to maintain new cells growth and falling off of dead cells. This fuel is composed of FEEL’s (Four Essential Elements of Life); namely made up of WOHE (Water, Oxygen, Hydrogen and Energy needed at the same time to keep the cycle of cells development proficiently in revolutionizing the human's PEMS Aspects (Physical, Mental, Spiritual and Emotional).

Biography

Faris AlHajri-PhD(AM), is an expert, international speaker and discoverer of Aqua Calidum Therapy-ACT (known as Hot Water Therapy). He received Health Excellence Award. He presented his papers in (6) International Conferences, was interviewed by (74) various Media and has conducted (54) lectures in Universities, Colleges, Health Organizations, Schools, and Public; in USA, UK, Philippines, India, Oman, Qatar, Saudi Arabia, and United Arab Emirates. He authored two books; “Hot Water Miracles”, “Well-Being Values”, displayed in (6) international Book Fairs; New York, London, Frankfurt, Beijing, etc. He is the Honorary Advisor/Patron of World Yoga Foundation (India), and Sandhya Maarga Holistic Living Academy (Malaysia).

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