

Annual Meeting on
**NATUROPATHIC PHYSICIANS &
ACUPUNCTURISTS**

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Integrated Health, Australia

Management of chronic conditions using an integrative, genetic and blood type approach

The objective of this clinical research study is to examine components of integrative medicine in order to help the clinician to understand its benefits, limitations and application in chronic health conditions such as cancer and autoimmune disease. With the rise in chronic health conditions worldwide the author examines an approach to such conditions using a genetic and blood type approach. This study was performed to outline why there is a need for such an approach and how it is possible. A practical clinical approach has been used to demonstrate how this is possible in modern day practice. A description of various systems are given and utilized in an integrative approach to chronic disease, also to indicate when an intervention is required in an integrative health care system. The foundation of the approach utilizes a genetic and blood type approach specific to the individual's requirements for greater clinical outcomes. Another aim is to help clinicians to decide whether an integrative or specialist approach is necessary for a patient's best prognosis. Multiple case studies are provided to demonstrate the effectiveness of the approach.

Biography

Jason Mallia is the Founder, Director and Principle Clinician of Integrated Health Australia. He is an accredited Naturopathic Clinician, registered Acupuncturist and accredited Doctor of Integrative Medicine Practitioner (USA) having received accreditation in Australia, USA and other countries worldwide. He is also an accredited Homoeopath, Medical Herbalist, Clinical Nutritionist and Musculoskeletal Therapist. He is one of Australia's most qualified Integrative Natural Medicine and considered one of Australia's leading Naturopath Practitioners with over 17 years of experience as Healthcare Professional and a background in all major natural medicine modalities including training in naturopathy, chiropractic, acupuncture and herbal medicine. Recently he has received his Doctorate of Philosophy in Integrative Medicine.

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