

2<sup>nd</sup> International Conference on

## Internal Medicine &amp; Hospital Medicine

September 13-14, 2017 Dallas, USA

**Bobby Whisnand***Bobby Whisnand Fitness, USA***Built in America; making wellness fit for life**

Bobby Whisnand rewrites the book on wellness by delivering an eye-opening keynote presentation on the state of wellness in the United States. Bobby turns heads as he clearly shows the medical industry, health associations, companies, and individuals what's missing in their ways of wellness. With topics like "Mobility Is The Real Gold", "Eating Is A Business Decision", "Wait Management", and "Living Your Life In Dog Years", Bobby opens the eyes and hearts of his audience by showing his turn key solutions for a much healthier and accountable exercise industry, a clearer path to a nation of healthier eating, and a more practical and effective way to manage stress in both the workplace and home. Bobby helps his audiences see wellness in an entirely new light, and paves the way to a much healthier and longer living nation.

**Biography**

Bobby Whisnand presented - Over 500 presentations on heart health, exercise, stress management, nutrition, corporate wellness, and motivation. He has spoken on behalf of the Dallas American Heart Association at over 60 events. He is Cooper Clinic Certified Personal Trainer, ISSA Certified Personal Trainer, ISSA Certified Elite Trainer, ISSA Certified Specialist in Exercise Therapy .He is also ISSA Certified Specialist in Sports Nutrition .He holds a two years of Physical Therapy Internship. He is endorsed by Doctors and Surgeons. He is certified three years as a Behavioral Therapist He is a Fitness Expert for the Dallas Division of the American Heart Association He is a Community Team Committee Chair, American Heart Association .He has 26 years' experience in fitness Industry. He Designs Corporate Wellness Program.

[Bobby@bobbywhisnand.com](mailto:Bobby@bobbywhisnand.com)**Notes:**