

## **The five steps concept: A new approach in orofacial harmonization**

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The purpose of this presentation is to introduce a multidisciplinary approach that intends to potentiate the various techniques for better results in the aesthetic treatment and skin rejuvenation. In recent years, several techniques have been improved or emerged to promote, within dentistry, the orofacial harmonization. Among this techniques, we can mention the use of phototherapy associated with cosmetics as activating agents of skin activity, the use of hyaluronic acid as filling biomaterial, the use of platelet rich fibrin (PRF) as inducer of neo collagen genesis and the use of polydioxanone wires (PDO wires) as tractors agents besides many others.

### **Biography**

Andre Luiz de Oliveira is a Dental Surgeon, specialist in implantology and periodontics. He had also trained in laser therapy, use of botulinum toxin and filling biomaterials, use of platelet rich fibrin and polydioxanone wires as well as marketing and dental management courses. He is the Co-Founder of Outbox, a virtual school, Partner-Owner of Vila Odonto, a specialized Dental Clinic and Creator, along with Dr. Cristiano Bellico de Paiva, of the "Five Steps Concept".

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