

The Anesthetic and groin hernias

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The patients with oblique hernia with normal musculature are not an indication for the operation. These patients should be treated with high ligation of the sac and closure of the internal ring with the least interference with the physiology of the canal provided that, this physiology is normal.

Pre-operative preparation of the patient with large scrotal hernia is essential. Two or three days before surgery the skin of a scrotal hernia including the groin area should be shaved and cleaned with soap and water 2-3 times a day and painted with betadine solution. This was found to reduce the chance of wound infection especially when the patient has a neglected hernia with dry excoriated skin.

General anesthesia or spinal can be used; however, local anesthetic is preferable, especially in the old aged. The local anaesthesia used in most patients is by the local infiltration of 1 percent xylocaine. The patient is usually allowed to choose the type of anesthesia, but in general, it is indicated for elderly patients who are sixty years or more. Any young patient who suffers from chest or heart condition is also an indication for local anesthesia. Young patients especially neurotics are not suitable for local anesthesia and should be given spinal or general anesthesia. Before the operation the patient is instructed to empty his bladder. This will avoid its injury during the repair of the floor of the canal.

Biography

Hanna Wannas, with around 50 years of work experience and 18 publications has published three books from his researches at his own clinic "Wannas Clinic for Medical and Surgical Researches" where he got the help of Royal College of Surgeons to form the titles. His love to his patients influenced his behaviour to search for the truth in surgery and to provide them with the most effective method of treatment. Thus he found several procedures so simple yet curative. Haemorrhoids as described are cured by a simple ligature, Fissure and fistula by few superficial stroke with the scalpel.

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