

Polycystic Ovarian Syndrome Conference

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The role of liver detoxification in women with polycystic ovarian syndrome (PCOS)

Yoojin Lee-Sedera

Red Rock Natural Medicine, USA

Being one of the most biochemical complex organs in our body, liver carries out hundreds of intricate metabolic functions. Amongst those many, detoxification process of endogenous metabolic end-products and exogenous toxins is one of the major functions of liver and it plays a critical role in the catabolism of hormones and metabolic wastes. In PCOS women, it is common to see some level of compromise in liver function, whether clinical or subclinical. In fact, many studies in recent years have proven the relations between non-alcoholic fatty liver disease and PCOS. In this presentation, we will discuss how the liver detoxification can affect the various stages and clinical manifestation of PCOS as well as various treatment outcomes for our patients.

Biography

Yoojin Lee-Sedera is a licensed Naturopathic Physician practicing in Las Vegas, Nevada. She has received her degree of Doctor of Naturopathic Medicine from National College of Natural Medicine in Portland, Oregon and has been working with many patients with various chronic conditions in different states and also educating the public on natural health management. Currently she is a Vice President of Nevada Association of Naturopathic Physicians (NVANP) and also pursuing another degree in Oriental Medicine and Acupuncture at Wongu University of Oriental Medicine in Las Vegas.

LeeYoojin.ND@gmail.com

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