

3rd International Conference on

Endocrinology

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Jose Mario F De Oliveira

Universidade Federal Fluminense, Brazil

“Featured Symposium: Hypertension in 2015”

Since the UKPDS it became quite clear that macrovascular complications were quite common, meanwhile microvascular complications were quite uncommon in the most prevalent form of treated diabetics – type 2 diabetes mellitus. And these hard end-points complications that mostly matter to patients are fatal and non-fatal myocardial infarctions, strokes, amputations, heart failure, cardiovascular diseases & cardiovascular deaths, end-stage renal disease, visual losses and neuropathy. Albeit All recent and large randomised clinical trials that have tried to bring glycemic control close to normal values have brought no added benefit in cardiovascular or all cause mortality; conversely since UKPDS 38 Tight Blood Pressure Control have provided significant reductions both in macro or microvascular diabetic complications. Hypertension is the most companion in all clinical series of diabetics, being present in 60-80% of patients and until today there are no consensus about core issues like Target BP levels, Best drug therapies, best 24 hr salt intake, ACE-Inhibitor therapy – When and for Whom using it! The above issues will be the main goals of our talk.

Biography

Jose Mario F de Oliveira is an Associate Professor of Medicine in the Department of Medicine of Universidade Federal Fluminense, in the State of Rio de Janeiro, Brazil. He is also one of the Deputy Editors for Diabetes of *The British Medical Journal*. He has published a number of papers and served as a reviewer or author & co-author for many prestigious medical journals like “*Hypertension*”, “*The American Journal of Hypertension*”, “*The Journal of the American Society of Nephrology*”, “*The British Medical Journal*” and the “*New England Journal of Medicine*”. His main interests are in the clinical research of diabetes and hypertension. He is a Certified Preventive Cardiologist, Nephrologist and Adult Intensive Care Unit Physician. He was a Post-doctoral Clinical & Research Fellow at the Endocrinology-Hypertension-Diabetes Division of the Brigham & Women’s Hospital at Harvard Medical School, in Boston, USA and is one of the two authors of the recent electronic Diabetes e-book published and edited by the *British Medical Journal* for All doctors world-wide.

jmariofranco@gmail.com

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