

Global Meeting on

# DIABETES AND ENDOCRINOLOGY

July 23-24, 2018 Kuala Lumpur, Malaysia

## The psyche faces the pancreas

**Harvey Aaron Schwartz**

Business Development/Author/Workshop Facilitator/Presenter At Diabetesiz, USA

Diabetes is an emotional disease as well as a physical disorder and it is not getting the attention or resources to remedy this global issue. If more attention was on the emotional component, there would be a great opportunity to reduce complications and other hardships of the disease. By teaching patients' positivity and motivational techniques on a 1:1 basis, there would be more self-direction "ownership" of the disease. Furthermore, by doing so, it is expected there would be a significant decline in preventable complications. The author recommend a personal-utilized approach called The Diabetic Detour, as a teaching tool to resolve problems quicker: Stage-1: Shocking/Alarming (awareness of a sudden problem). Stage-2: Moping: Patient is confused and is at wit's end. Stage-3: Hoping (determining various ways to respond to the situation) Stage-4: Doing (assembling options to resolve the problem.) which provides self-confidence. Stage-5: Living (the situation is being handled in the most effective and efficient way, considering the obstacles. Stage-6: Aligning (Individual finds strength rather and empowerment. The empowerment is in alignment with the diabetic patient creating a mantra or personal mission statement that becomes their North Star. The conference delegates discuss emotions and the physical conditions of diabetes with a proclamation: "Establish further discussions to determine the power of Emotions and Treatments to promote a motivated and healthy, positive, thinking diabetic." A workgroup is created post conference to determine the necessary components for a proactive movement that would increase motivations and positive outcomes for patients. My Offer: To serve as the Diabetic Patient Advocate as co-chair of committee

### Biography

Author of The Sweet & Sour Disease: Emotionally Managing Diabetes-perspectives from a long-term diabetic (official launching in Madrid, August, 2018). Diabetes Motivational Presenter and Workshop facilitator (current). Medical Consultant, Harvey Schwartz Medical (current). Rainmaker, Harvey-The Mission Matchmaker, LLC (current). Chief Engagement Officer, Harvey's Focused Giving Initiatives, LLC (current).

schwartz.harvey@gmail.com

**Notes:**