

3rd World Congress on

POLYCYSTIC OVARIAN SYNDROME

November 15-17, 2017 | San Antonio, USA



Megan M Stewart

PCOS Awareness Association, USA

We all hold a piece of the PCOS puzzle

We launched PCOS Awareness Association in 2012 to call attention to the widespread presence of polycystic ovarian syndrome (PCOS), a condition that involves a hormonal imbalance that affects more than 10 million women worldwide. Most people aren't aware of – or understand – PCOS because the symptoms are vague and can range from pelvic pain and irregular menstrual cycles to weight gain, dandruff or oily skin. (PCOS) cannot be prevented. But early diagnosis and treatment help prevent serious complications associated with PCOS, such as infertility, metabolic syndrome, obesity, diabetes and heart disease. Using the power of social media, special events, projects and social initiatives, we work to get the word out so that more women get tested and so that women who have already been diagnosed can receive the support they need not only from the resources available, but from their family members and those who are close to them as well.

Biography

Megan M Stewart is the Founder and Executive Director of PCOS Awareness Association, the largest nonprofit organization dedicated to Polycystic Ovarian Syndrome worldwide. Her mission is to revolutionize the way people approach education surrounding PCOS awareness. Most importantly, she is extremely dedicated to fighting for women with PCOS. Throughout the years, she has received a multitude of awards. Recently, she was the Winner of BECU People Helping People Award and a Winner of the 2015 Color of Teal's Survivor Award. She also was nominated for the prestigious L'Oreal Women of Worth Award. When she isn't focused on her multifaceted career and volunteer work, she enjoys taking classes on topics of interest, networking, and discovering new places. She holds a Bachelor of Business Administration with a focus in Project Management.

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