

Edible insects of the Niger delta area in Nigeria

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The use of insects as food by the people of the Niger Delta in Nigeria is not new. A total of twenty species were recorded as used as food. The species cut across six orders namely: Isoptera, Orthoptera, Coleoptera, Lepidoptera, Hemiptera and Diptera. Order Coleoptera had the highest number of species (6) followed closely by orders Lepidoptera and Orthoptera with 5 species each. The species consumed differed in each of the assessed states however, the most commonly consumed species were termites recording 29% on a pie-chart followed closely by *R. phoenicis* larva with 22%.

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