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Determinants of skilled birth attendance utilization in rural area: A household survey in Northern Nigeria

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Background: It has been well documented that Skilled Birth Attendance (SBA) is one of the key life-saving interventions for women during pregnancy, labour and delivery yet there is under-utilization of SBA in developing countries with the worst statistics in rural areas. However, the factors that enhance or militate against utilization of SBA are not fully explored.

Objectives: To determine the levels, enablers and barriers for utilization of SBA

Methods: A household survey was conducted in Funtua local government area, in Northern Nigeria from May-June 2012. Using multi stage sampling technique, 400 women of childbearing age who had their last delivery within two years preceding the study included in the study. A structured questionnaire was used to ask questions about birth attendance during antenatal, delivery and postnatal period of their most recent birth and questions on enablers and barriers for SBA utilization. Logistic regression analysis was done to identify independent predictors of SBA.

Findings: Of the 400 women included in the study, 145(36.3%) received antenatal care from SBAs, 52(13%) had their births assisted by skilled personnel and 88(22%) received postnatal care from SBA. Maternal education, husband's occupation, presence of complications and previous place of birth were found to be statistically significant predictors for SBA utilization. Barriers to SBA utilization included lack of care provider, lack of equipment and supply, and poverty. Enablers included availability of staff, husband's permission and affordable services.

Conclusion: Findings of this study show that women are more likely to utilize SBA with availability of skilled personnel, health system strengthening and intervention to remove user fees for maternal health services. Joint effort should be made by government and community leaders to encourage men's involvement in maternal health services.

Biography

Adewemimo A is a 35-year old Medical Doctor. She completed her Master Degree in International Public Health at Liverpool School of Tropical Medicine in Dec, 2012. Presently, she works in Federal Ministry of Health, Nigeria as National Health Management Information System Officer to give technical support to State and Federal Government on Health Management system and as facilitator for Capacity Building on Health Information System.

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