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Careful diagnosis and management of monochorionic monoamniotic twins

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Monochorionic monoamniotic twins are subtype of monozygotic twin pregnancy. These twins are rare, occurring in approximately 1 in 35,000 to 1 in 60,000 pregnancies. These twins are associated with increased morbidity and mortality. Hence with early diagnosis of chorionicity and amnionity and its associated complications, the rate of fetal loss can be reduced. Intensified antenatal monitoring is required from 1st trimester onwards. We report a case of second gravida with previous normal vaginal delivery with monochorionic monoamniotic twin pregnancy. She was diagnosed at 11 weeks gestation by ultrasound. From then she was monitored extensively and was allowed for spontaneous onset of labour at 37 weeks. She delivered two alive babies with good APGAR score. With careful monitoring throughout pregnancy, good prognosis and outcome can be achieved.

Biography

Abinaya Vijayan is doing her final year Post-graduation in Obstetrics and Gynaecology (MS) at Sree Balaji Medical College & Hospital, Chennai, Tamilnadu, India. She has presented a paper in International Conference IMSACON.

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