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A case report in late detection of congenital adrenal hyperplasia; is a reconstructive surgery of the external female genitalia an option?



Myka Janine Villarroya

*Far Eastern University Memorial
Medical Center, Philippines*

Surgical management of Classical congenital adrenal hyperplasia is associated with few immediate postoperative, infectious and urinary complications as well as unwanted permanent outcomes such as Vaginal stenosis and the like. The objective of this report is to present a case of a 22 years old. Nulligravid who was diagnosed with Congenital Adrenal Hyperplasia and Clitoromegaly. Surgical treatment of ambiguous genitalia has evolved continuously and several types of repair exist. The exact method of reconstruction depends on the anatomy of the patient. However with regards in our case, late consultation had been made so the dilemma in reconstructive surgery was to perform it despite of its complications that may happen postoperatively that would affect not just the physical aspect but as well as the mental and psychological aspects of the patient.

The Primary goal of treatment is to reduce the excess androgens production and replace the deficient hormones. Female classical CAH patients also have the option of surgery to correct the appearance of ambiguous genitalia. Usually surgery is thought to be easier when performed within 2-6 months after birth.

Biography

Myka Janine Villarroya is a Second Year Obstetrics and Gynecology Resident in Far Eastern University-Nicanor Reyes Memorial Medical Center. She finished her Medical School in the year 2015 from the same institution.

mykavillarroya@gmail.com