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### The use of integrative medicine for the treatment of endometriosis-associated infertility

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Integrative medicine is a combination of conventional medicine and alternative medicine for patient treatment. Its use has increased worldwide in recent years. Endometriosis is one of the most common disorders among infertile patients seeking medical advice. Etiology of the association is still unclear, but a number of studies suggest endometriosis alteration of hormonal cells and mediated functions, reduction of oocyte and embryo quality, endocrine and ovulatory abnormality, alteration of peritoneal functions, pelvic distortion and dyspareunia that decreases sexual activities. Nowadays, the medical treatment of conventional medicine does not improve the rate of pregnancy in patients with endometriosis-associated infertility. Chaophya Abhaibhubejhr Hospital has experiences in using Thai integrative medicine in endometriosis-associated infertility patients. Our experiences include the use of the following: Curcumin capsules for post laparoscopic ovarian cystectomy, Plasaplai formula for endometriosis-associated pain, massage therapies for uterine repositioning and herbal diets for lifestyle modification.

### **Biography**

Olarik Musigavong is Assistant Director for Lecturer and Research Affairs of Medical Education Center at Chaophya Abhaibhubejhr Hospital in Prachinburi, Thailand. He has completed his Doctor of Medicine from Faculty of Medicine, Khon Kaen University majoring in Obstetrics and Gynecology. He has also attended professional classes of reproductive medicine, Ramathibodi Hospital in coordination with Mahidol University and Reproductive Surgery training course in Belgium. Furthermore, he has received his Master's degree in the Biotechnology of Human Assisted Reproduction and Embryology from University of Valencia in Spain and lately became a Graduate of Doctor's degree in Philology and Clinical Epidemiology of Faculty of Medicine from Thammasart University.

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