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## Hair-thread tourniquet syndrome of labia: A case report

Marella Antonio Bugarin St. Luke's Medical Center-Quezon City, Philippines

Wulvar disease often presents with a variety of lesions and in patients with severe symptoms the lesion is normally excised. Hair tourniquet syndrome is a rare case that involves fibers of hair or thread wrapped around an appendage producing tissue necrosis in the vulva. Its incidence, epidemiology and natural history are unknown. This paper presents hair thread tourniquet syndrome in the vulva, specifically the labia minora in an adolescent female with hypertrophic labia. She presented with labial swelling and initial impression was an infected labial cyst. Under careful examination, there was note of hair strangulating the labial minora. Management involved mechanical release of the strangulation and there was note of immediate improvement in the blood flow to the affected area. Prompt diagnosis and timely management of this condition is important to prevent tissue ischemia, necrosis and unnecessary amputation of the appendage.

## **Biography**

Marella Antonio Bugarin has obtained her Bachelor of Medicine in 2015 at St. Luke's College of Medicine. She took the Physician Licensure exam and qualified in 2015. She is currently Resident of the Department of Obstetrics and Gynecology at St. Luke's Medical Center, Quezon City, Philippines.

marella.bugarin@gmail.com

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