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Radiofrequency - New solution for treatment of vaginal laxity, urinary incontinence and sexual disorders

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Introduction: Vaginal laxity, urinary incontinence and sexual dysfunction, They are very serious problems of many women. All over the world there are many devices to treat patients with these disorders.

Objectives: To prove, that radiofrequency is a safe procedure with fast results.

Materials and methods: 24 patients took part in the study, aged between 30 and 70 y.o. with vaginal laxity and urinary incontinence. Excluding criteria: vagina's width over 3 fingers, level of SUI over second degree, vaginal bleeding, improper PAP smear or other pathologies of the vagina and uterus, Besides vaginal and urinary problems, sexual satisfaction was taken under consideration. In the study ThermiVa was used as radiofrequency device. 3 examinations were made: before, after first and second procedure. All procedures were performed with temperature 45-47 ° C.

Results: Over 30% of improvement was observed. Conclusions: Radiofrequency procedures using ThermiVa are safe and effective, without any side effects.

Biography

Rafal Kuzlik MD, PhD, specialist in obstetrics and gynecology. Plastic and reconstructive gynecologist with over twenty years of professional experience. He is endoscopist and oncological surgeon. Specialist in ultrasound imaging. Doctor Rafal Kuzlik received a lot of certificates confirming participation in numerous courses and trainings. He published many scientific papers. Co-author of two books (in Polish): „Plastic Gynecology” and „Physiotherapy after plastic surgical procedures”. Doctor is the author of two new surgery methods in the field of plastic gynecology: "One Cut technique" as simultaneous labia minora and clitoral hood reduction and „Double „O” technique” - reposition of the clitoris. He is also trainer of radio frequency methods in the field of non surgical treatment of female genital problems. Owner and principal of SaskaMed Clinic in Warsaw, Poland. Principal of Obs&Gyn Ward in EMC St. Anna Hospital in Piaseczno, Poland. The founder of Polish Academy of Plastic and Reconstructive Gynecology.

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