

4th International Conference on

GYNECOLOGY & OBSTETRICS

October 02-04, 2017 Barcelona, Spain



AboTaleb Saremi

Sarem Women's Hospital, Iran

Combination Therapy Approach; A Necessity for Endometriosis Management

Endometriosis can be managed effectively by medication, surgery, or a combination of both. Numerous studies have been conducted on surgical and medication treatment options, but their results are still under discussion. In Sarem Women's Hospital, we developed a protocol for combinational treatment for various stages of endometriosis. Based on our experiences, it could be a more effective approach for endometriosis management rather than surgical or medical treatments alone. It must be mentioned that the surgical methods even if the modern methods like robotic surgery and laparoscopic surgeries, have some excessive complications that can prevent by combinational approach. In other way, the medication therapy alone is not sufficient and the pathology (endometriosis spots or cyst) remained with higher relapse rate. Based on the casualty studies in the endometriosis field; lifestyle, nutrition, pollutions, Immunologic, genetics and epigenetics effects are lead to rises of endometriosis incidence significantly as the endometriosis is going to be "The Disease of the Century". So, the prevention, early detection and also the effective management methods must be improved. In the case of disease management, Instead of improving in surgical techniques and interventions, we recommend the improvement of the conservative and combinational management techniques, by low damage strategy.

Biography

Dr. AboTaleb Saremi born in 1947 received MD degree from Jondishapour and Tehran Universities, Iran in 1975. He trained at the Obstetrics and Gynecology department of Münster University, Germany, and got subspecialty in IVF at Vienna University, Austria from 1981 to 1986 and then participated in complementary assisted reproductive technology (ART) courses in the USA and Australia. His specialization includes laparoscopic surgery and his efforts led to the birth of the first Iranian assisted reproduction baby by gamete intra-Fallopian transfer (GIFT) in 1989. He founded his first IVF center in Iran in 1993 and received the International Federation of Fertility Societies' (IFFS) 30th anniversary recognition award in 1998. Currently, He is the president of the Sarem Women's Hospital, which he founded in 2006, and also the president of the Sarem Cell Research Center (SCRC) & Sarem Fertility and Infertility Research Center (SAFIR).

saremiat@yahoo.com

Notes: