

7th European Pediatrics and Pediatric Surgery

September 14-16, 2016 Amsterdam, Netherlands

Malpractice in breastfeeding

Rania Hosny Tomerak
Cairo University, Egypt

Misconceptions run as an ice ball among people. Regarding breastfeeding, misconceptions are widespread and the mother receives a lot of confusing information from her family, friends, nurses and even pediatricians. Breastfeeding is an easy come, easy go process. It can go by one false advice, depriving the mother and her baby from the benefits of breastfeeding. In this presentation, all the common misconceptions about breastfeeding among mothers and pediatricians will be trouble-shooted. Malpractice among pediatricians and obstetricians is also discussed and corrected such as basic advices to breastfeed the healthy new-born, management of insufficient weight gain in a breastfed baby, management of breast infections, nutritional advices to the mothers, and breastfeeding guidelines of the incubated baby. Despite that all these misconceptions can easily drive the mother to terminate breastfeeding, it can be easily avoided and this is the aim of this presentation.

Biography

Rania Hosny Tomerak is a Professor of Pediatrics and Neonatology in Cairo University. She has completed her graduation in 1994, Master's in Pediatrics in 1998 and Doctorate in Pediatrics in 2001. She is an international board certified Lactation Consultant since 2004. She is a board member of Lactation Education Accreditation and Approval Committee in USA, which provides approval and accreditation to all breastfeeding programs all over the world. She has published 21 scientific papers.

raniatomerak@yahoo.com

Notes: