Nutritional deficiencies in normally growing children

Nutritious deficiencies have been a noteworthy consideration in pediatrics. Children, even when growing normally, are at risk for nutritional deficiencies. Different types of most of the nutritional deficiencies are diagnosed by a doctor. In any case, nutritional deficiencies that can happen in generally asymptomatic normally developing children are neglected. These deficiencies are quite common and can have significant negative short-term and long-term effects on the lives of children. Children in developed nations consume enough calories but lack iron, zinc and calcium. Health care providers often focus their attention on overt disease processes and fail to recognize mild nutritional deficiencies. Hence there is an urgent need to recognize and manage such deficiencies so that all children get proper nutrition and grow normally.

Biography
Anand Prakash Dubey is working as a Professor of Pediatrics at ESI-PGIMSR, New Delhi. His career in pediatrics spans over 35 years. He served as an Honorary Lecturer in Pediatrics at University of Sheffield, UK for one year. He was awarded Commonwealth Medical Fellowship in Pediatric Hemato-oncology at the Children’s Hospital, Sheffield, UK and also Trainee Fellowship of Indian Academy of Pediatrics. For his outstanding services, Delhi Government has awarded him State Doctors Award for the year 2010-11. He has been Executive Editor of Indian Pediatrics (official medical journal of IAP), Convener and Chairperson of Immunization Committee, Secretary and Chairperson of subspecialty chapter of Nutrition. He has over 90 publications in national and international journals and many chapters in text books. He has attended many national and international conferences and presented papers.

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