

20th World Congress on

PEDIATRICS AND ADOLESCENT MEDICINE

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Burnout, suicide and career: The new face of the physician workforce

Physician burnout has long been a problem in the United States and abroad. The changing milieu of the healthcare environment in addition to the hostile environment towards physicians has made the career less desirable by many. With so many things that leave physicians vulnerable including patient satisfaction, disciplinary boards and criminal proceedings, it doesn't surprise you that many physicians are choosing to refresh or restart their careers in other areas. With the current shortage of physicians in the US coupled with the reduction of physicians in the clinical pipeline, one can wonder what will happen with the profession as we know it. While physicians are leaving the clinical workforce, others are finding other options more feasible leading to suicide or substance abuse. Now is the time to keep yourself healthy and take a long look at your career so that it doesn't take over your life entirely.

Biography

Jarret "Doctor Jarret" Patton MD has served thousands of children in eastern Pennsylvania for nearly 20 years. Throughout his career, he has remained an advocate for children's health issues. Over time, his servant leadership style led him to curtail clinical practice to become a change agent in the healthcare system. As a former President of the Medical Staff at an eight hospital system in eastern Pennsylvania he worked with other leaders to promote children's health and health equity in a highly matrixed environment. He advised organizations on a national level including The Joint Commission, American Hospital Association and the American Academy of Pediatrics. He has published in the medical literature and is the #1 best-selling author of *Licensed To Live* and *Whose Bad @\$\$ Kids Are Those?* He is the founder and CEO of DoctorJarret PLLC, a coaching and consulting firm which helps educate, enlighten and improve healthcare.

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