

International Conference on

Pediatric Pharmacology and Therapeutics

12th International Conference on

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Pediatric, Perinatal and Diagnostic Pathology

July 13-14, 2018 | Toronto, Canada

Para viral exanthems in childhood

Regina Fölster-Holst

Past President of the European Society for Pediatric Dermatology, Germany

Exanthems are common skin diseases in childhood and are usually related to viral infections. The infection triggers the exanthema directly (e. g. varicella, herpes simplex, enteroviruses), via an immune response (para viral exanthems as Gianotti-Crosti-syndrome, Pityriasis rosea) or by interactions with drugs (e. g. amoxicillin exanthem in patients with infectious mononucleosis). Para viral exanthems are distinct skin diseases related to infections with different viruses. While infections are caused due to the viral infection, para viral exanthems reflects the response of the immune system to the viruses, which cannot be identified in the skin. The para viral exanthems include Gianotti-Crosti syndrome, Pityriasis rosea, Pityriasis lichenoides, Papular-purpuric gloves and socks syndrome, and asymmetrical periflexural exanthema. Unilateral mediastinal exanthema, eruptive pseudoangiomatosis are not so common and eruptive hypomelanosis have been described recently.

Biography

Regina Fölster-Holst is Professor at the Department for Dermatology, Venereology and Allergology at the Universitätsklinikum Schleswig-Holstein, Campus Kiel, Germany. She obtained her medical degree at the Christian-Albrechts-Universität, Kiel and is board certified in dermatology and allergology. She is a member of the German Dermatology Association (DDG), where she leads the Society of Pediatric Dermatology. She is executive board member of the European Society of Pediatric Dermatology (ESPD), a member of the Institute for Medical and Pharmaceutical Examination (IMPP) and engaged in the occupational union of the German Dermatologists e.V. (BVDD). Her scientific focuses are paediatric dermatology, allergic diseases and parasitoses, whereas the main thrust of her research is in atopic dermatitis, with special research expertise in immunological and biochemical activity markers, prognostic criteria, epidemiological researches and new therapeutic strategies. Prof. Dr. Regina Fölster-Holst has received numerous awards, such as the Hans-Karrer-Förderpreis (medical brochure for children) in 1997, the "Preis der Hensel Stiftung" (1998), the Teaching Award of the Medical Faculty of Kiel (2003), the German scientific award for communication and the Perle-Award.

rfoelsterholst@dermatology.uni-kiel.de

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