## World Congress on

## Clinical Pediatrics and Pediatric Oncology & Care

November 12-13, 2018 | Lisbon, Portugal



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## Brief resolved unexplained events (formerly apparent life-threatening events): What do we need to do?

The term ALTE (Apparent life threatening events) or near miss has been used for the last 30 years. As the name implies, an apparent life threatening condition, it has led the physicians to extensively evaluate these patients with numerous testing and managing them in hospitals, causing a big burden on the health care and the families. Lessons learned from those patients showed that the evaluation and management of these patients needs to be revised to avoid unnecessary testing, hospitalization, family anxiety and hence the name change to BRUE (Brief resolved unexplained event). The approach to these events can be modified safely. In this session, I would like to explore this topic with the objectives of: Highlighting the difference between BRUE and ALTE; review the lessons learned from ALTE; discuss how to risk stratify BRUE and discuss key points in evaluation and management. By reviewing the literature on this topic, I will share with the audience the most updated evidence, fulfill my objectives and provide practical clinical guidance on this topic.

## **Biography**

Amira Mustafa has graduated from the Faculty of Medicine University of Khartoum, Sudan. She started her Pediatric training in UK where she worked at Addenbrooke's Hospital in Cambridge and Great Ormond Street Hospital in London. She has completed her Pediatric Residency Training in the United States at the Children's Hospital of Michigan, Detroit. She worked as an Attending Physician (Consultant) at Children's Hospital of Michigan, Detroit and then at the Children's Hospital Medical Center of Akron, Ohio. She then moved to the Middle East and currently, she is a Senior General Pediatric Consultant at Sidra Medicine, Doha, Qatar. She is also an Assistant Professor at Weill Cornell Medical College - Qatar. She has certified by the American Board of Pediatrics and Fellow of the American Academy of Pediatrics, and a Diplomate of the American Board of Quality Assurance and Utilization Review. Her special interest is in quality and patient safety and has published in that field.

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