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Treating function instead of pain: Current and promising modalities

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Pain is one of the most common complaints in medicine. When the underlying pathology is unable to be remedied, it is traditionally treated as either a symptom rather than a disruption of function. Looking at pain as the pathology that disrupts function rather than a symptom that needs to be treated can allow us to improve treatment of pain and improve function and quality of life. With this new mindset in the treatment of pain, re-assessment of current modalities, such as pharmacologic management and interventional techniques, we can improve pain and function to a greater degree. Along with reassessment of these treatments, addition of adjunct treatments, and the promising future outlook with some of the more advanced modalities, such as spinal cord implants, we can look toward greater success in improving both function and quality of life in patients suffering from chronic pain.

Biography

Robert Kent attended Des Moines University for medical school, completing Masters of Health Administration and Masters of Public Health degrees along with primary doctorate. He has completed an internal medicine internship at St Petersburg General Hospital, residency in physical medicine and rehabilitation at the University of South Florida, and a pain fellowship at Nova-Southeastern College of Osteopathic Medicine.

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