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Is pain crowding the company of orthopaedics and rheumatology?

Medical problems related to orthopaedics and rheumatology have been around for thousands of years in the context of humanity. Both specialities have become more defined over the last few centuries. Pain on the other hand has been recognised more as a symptom which has been treated for thousands of years with morphine based drugs as reflected in the traditional World Health Organisation Pain Ladder. For the purpose of the Keynote Speech for Day 2 there will focus on pain and it's relationship to orthopaedics and rheumatology. Pain is defined by the International Association for the Study of Pain as: An unpleasant sensory and emotional experience associated with actual or potential tissue damage, or described in terms of such damage. The talk will focus on the current published research in the areas pain, distraction and it's relationship with orthopaedics and rheumatology. Dr. Sathi will talk about his related research work in the field of pain, neuro-oscillations and distraction. A brief review of the modern understanding of pain pathway will also be presented. The idea is to provide a snap shot of the current practice and thinking in this area as well as potentially enthuse the audience to think about ways of reducing pain and thus disability in our orthopaedic and rheumatology patient populations. Thus seeing pain as complementary, and not crowding, to our understanding of patients with orthopaedic and rheumatology problems.

Biography

Sathi is currently working as a consultant in Acute Medicine in Scotland. Previously he has previously held posts as a Consultant in Acute Medicine and Rheumatology. His interests include pain, integrated medicine, rheumatology, methotrexate side effects and interstitial lung disease. He holds an M.Sc. in Pain Management from Cardiff University. His research governance score (from Research Gate) is above 20, placing him in the top 30 percent in the world. He is a reviewer for Clinical Rheumatology.

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