

13th International Congress on
Advances in Natural Medicines Nutraceuticals & Neurocognition
&
14th International Conference on Clinical Nutrition
July 27-29, 2017 Rome, Italy



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OJW Protocol, USA

Providing Orthodontic Jaw Wiring weight-control (OJW®:Weight Control) as part of a healthcare team — a new service in the dental professional's office

My work demonstrates that Dental Professionals (DPs) are welcomed by the public and as providers of weight control services as part of a Healthcare team that includes dietitians, physicians, psychotherapists and bariatric surgeons. OJW is a fixed intra-oral, bio-mechanical appliance and protocol for controlling compulsive overeating in carefully selected patients who are obese/heading toward obesity, that help them start regaining control over compulsive eating habits with potentially grave health consequences. Patients are wired into the physiologic rest position thereby limiting the extent they can open their jaw. Permission to begin a liquid diet is obtained from their physician. The clarity of speech is unaffected.

Seemingly extreme, after seventeen years providing OJW, it is arguably rather a benign non-invasive, safe and effective method, when using my protocol. Under my protocol, the DP is responsible for maintaining the health of the TMJ, dentition and gingiva. The patient is responsible for losing weight by dint of their passionate dedication and adherence to a long-term, low-calorie, liquid diet authorized by their physician or proxy (psychotherapist) with guidance from dietitians and nutritionists. Today I will enumerate the myriad consequences of obesity, and the DPs function as a member of a Healthcare team. I will describe the appliance and how-why it works. Then demonstrate how to wire the jaws and tell you about the position the jaw is wired into. I will outline the scope of the service. I will address safety and effectiveness by referencing a questionnaire I mounted in 2009. Documents will include the informed consent, poor candidates, how to address problems, and a list of the ten most important elements of the OJW service.

Biography

Teddy Rothstein practiced every phase of Orthodontic-Orthopedics for thirty-seven years, I moved from Brooklyn, NY to Portland, OR in August '16 where on Dec. 16, 2017 I petitioned the OR Board of Dentistry to sanction OJW for Dental Professionals. I await their decision. I invented the appliance and developed the protocol for providing OJW: Weight-control. I provide OJW in Brooklyn NY. I have treated 200 patients most of whom come from everywhere in the United States simply because I am the sole provider.

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