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Mental health of children and adolescents with intellectual disabilities in Bangladesh: Some case study

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Background: Few studies have employed informal diagnostic criteria to determine the mental health hazards in contemporaneous samples of children with intellectual disabilities.

Purpose of the Study: The birth of the intellectual disability child in a family is a serious problem to the parents and other family members. Due to improved medical care and countrywide immunization programs now the disability persons including intellectual disabilities persons are experiencing relatively longer life span. For this reason to establish the mental health problem of children with intellectual disabilities, the association with social/environmental risk factors, and risk attributable to intellectual disability.

Method & Participants: A sample size comprising 200 children and adolescent persons with intellectual disabilities (100 from rural areas and 100 from urban areas) from the different parts of Bangladesh were selected for this purpose. The age range was 5 to 21 years.

Measuring Instruments: Bengali versions of the two measuring instruments were used for this study. This research which was mainly the case studies was done with the help of the following Questionnaire: General health questionnaire for measuring mental health of the children with intellectual disability and; health related some questionnaire developed by researcher.

Results: Descriptive statistics of the demographic variables as well as the scores on the two measures will be computed. "t" Test, chi-square test will be applied for the data analyzing process. Result will be discussed.

Conclusions: A significant proportion of the elevated risk for mental health hazards among children with intellectual disability may be due to their increased rate of exposure to psychosocial disadvantage.

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