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## Transforming trauma treatment: Re-wiring the brain for recovery and resilience

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Attend this experiential training and take home some of the latest evidence-informed trauma intervention tools. So often, traumatized clients ask therapists the classic question, “Will I ever become who I was before the trauma?” Over the past two decades, there has been an exciting merging of clinical psychology and neuroscience research that is revolutionizing clinical practice. Cognitive, affective, and social neuroscience research provides profound insight into the brain changes we are capable of producing. We are beginning to learn, through this research, how to enact these changes through the practice of techniques that target and improve the functioning of specific brain structures. This presentation, led by clinical expert Dr. Jennifer Sweeton, shares the most up-to-date research discoveries and teaches highly effective techniques aimed at facilitating recovery from and resilience after, trauma. Join Dr. Sweeton for this seminar and discover how to: Begin taking a brain-based approach to treatment planning; sequence trauma recovery techniques in a way that promotes both treatment adherence and successful brain re-wiring; integrate straightforward brain-based trauma intervention approaches into your practice; and help clients build a more resilient brain. By the end of the presentation, you will be able to answer to the classic client question with confidence and hope, bolstered by new knowledge and skills: While we can never go backward, we can help clients recover and build resilience after trauma, and re-wire their brains for health! Attendees will also receive an eBook containing instructions and scripts for all of the techniques discussed during the presentation.