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Effect of cultural diversity on mental health



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USA

As an expert in the ethnic and cultural diversity and in dealing with the psychological problem and/treatment, I have come up with a formation to provide the treatment better bases on the ethnicity uniqueness and cultural background. In the discovery process, we must: Discover the problem from the cultural angle (The Vietnamese's do not believe in the mental health problem); Find out the cause (The oriental people believe that mental health is the curse, and a shame in the family); and Long term understanding (The devil element). In the treatment process, I have developed 10 steps formation: 1) Establish the trust 2) Create the communication channel 3) Suggest the approach 4) Agreement contract 5) Treatment plan 6) Actual treatment 7) Follow up service 8) Adjustment and evaluation 9) Assessment and 10) conditioning treatment. All of the above will be the subject for exploring further and become the issues for group discussion. I know that you will love my role play in the discussion that all the steps will be exposed and explored to find the proper formation to deal with the Ethnic/ Immigrant Mental Health issue.

Biography

Tony Tran is the Member of American Psychological, Psychotherapist and Psychiatrist Association. He has founded the International Ethnic/Immigrant Mental Health Project. He is the Expert in the Ethnic and Cultural Diversity Consultant/Consulting and Moderator. His Transtronics Company has offered the Medical Record Platform and introduced the TIPS (Total Identity Protection Service). His LinkedIn page at Tony Tran BFA-DE has been translated to 70+ languages on Yahoo and 50+ on BING.

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