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## Retirement planning among aged nurses: A two-wave panel study on gender differences



**Gabriela Topa**

*UNED, Spain*

A consistent pattern of gender differences in retirement planning behaviors has been shown and recent studies do not indicate a more favorable situation for women. The present research is aimed to analyze the antecedents of the behaviors to prepare for retirement in nurses older than 55 years and to identify differences as a function of gender in such behaviors, a two-wave panel study was used. Participants were 132 Spanish nurses aged 55 years and over. Findings showed that retirement planning involvement, goals clarity and financial knowledge, all influence the dimensions of planning in the hypothesized direction. Female nurses continue to rely on the public protection as a solid support for their well-being in old age.

### Biography

Gabriela Topa is a Faculty of Psychology at National University of Distance Education, Spain. Her teaching activities include research in Psychology, in training of teachers of Baccalaureate and ESO in Prevention of Occupational Hazards.

[gtopa@psi.uned.es](mailto:gtopa@psi.uned.es)

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