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Psychic itinerary of the cesarean section in six Cameroonian primiparous

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Statement of the Problem: The birth of a child does not create a split with the pregnancy and desires of the conception of the parents but rather confirms the continuity of the fantasies, the representations which animate these and more still the mother since the desire of the child. These fantasies and daydreams inherent in pregnancy and described by Bydlowsky are relegated to the background, and sometimes even ignored by families, but especially by obstetric care professionals during birth.

Methodology: This article is an intrusion using semi-directive interviews in the psychic dynamics of six Cameroonian primiparous women who gave birth by cesarean section in a specialized hospital, from the preoperative to the postoperative through the operative.

Findings: It emerges from this study that when the normal process of birth is changed, the mother can undergo this event considered natural in her cultural universe. Cesarean section is certainly a birth, but it is anti-physiological, because of the lack of passage that leads to a feeling of foreignness in women. In the Caesarean section, there seems to be a lack of narcissistic investment in the reproductive apparatus. Caesarized parturients feel guilty for not having given life according to the accepted model, both on the religious, social, cultural and psychic level. They feel guilty for not being able to repeat the act that women have been doing in their environment since the beginning of time. For their own family they bring denigration, for the in-laws they are incapable, for the other parturients they are inferior, and for themselves they are guilty.

Conclusion: This birth-related surgery does not give women a leeway to become involved in the process. The physical undergoes invasive gestures that are not felt in a present but are imagined with a shift of time, of reality and resonance on the psyche.

Biography

Mireille Ndje Ndje is a Senior Lecturer at the University of Yaounde I in the Department of Psychology. Researcher and practitioner, she is also President of Association pour le Développement et la Promotion de la Psychologie en Afrique (ADPPA), General Secretary of the Association des Psychologues Cliniciens du Cameroun and a member of the Réseaux Mondial de Pratique Clinique of the WHO. She is interested in Clinical and pathological Psychology, psychotraumatology, research ethics, the qualitative method. She holds a PhD in Clinical Psychology and Psychopathology.

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